HEALTH MATTERS
STUDY ABROAD HEALTH TIPS

- Learn as much as you can about health issues in the host country prior to your departure.

- Consult the web site for the Centers for Disease Control and Prevention (CDC) www.cdc.gov. They provide extensive information for travelers, including health and vaccination information for specific destinations.

- Review the U.S. State Department’s "Medical Info for Americans Traveling Abroad" at www.travel.state.gov.

- Compile all important medical/health information and bring it with you. Include info that a physician might need to know in case of a medical emergency abroad. Some examples are: eyeglass prescription, blood type, any medications, whether or not you are diabetic, allergies (to ANY medications, insect bites, foods, etc.), other medical conditions, etc.

- We strongly encourage you to inform your Program Director/Coordinator/Exchange Advisor of health concerns, allergies, or medications prior to departure.

- If you are taking any prescription medications with you, we advise you to take enough for the duration of your stay. Be sure to keep all medications in original containers and carry a copy of prescriptions with you. This may be required for clearing customs upon arrival to your host country.

VACCINES FOR INTERNATIONAL TRAVEL

- Plan Ahead! Some immunizations must be given anywhere from one to six months before departure date.

- Contact GT Health Services as soon as possible for a Travel Appointment. Details of how to set up an appointment can be accessed at: www.health.gatech.edu/forms/travel_clinic_page.pdf

- Travel appointment times are typically available on Tuesday and Friday mornings from 9:00 - 10:30 AM, and on Thursday afternoons from 1:00 – 2:00PM. Other times require special consideration. No travel appointments are available on Mondays.

  NOTE: you should schedule your “Travel Appointment” during the semester before you plan to leave the country.

FOR MORE INFORMATION

Contact GT Health Services at 404-894-1420 or on the web at www.health.gatech.edu